

Individual Best Times (Masters)

Stefanie Cappleman - (1484444) - Richmond Dales ASC - 200 Freestyle - Long Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
3:04.56	228	H	01/06/19	Yorkshire SA Masters Champs 2019	Sheffield	MAS847	0
3:08.00	216	F	19/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
3:08.00	216	F	19/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
3:04.56	228	H	01/06/19	Yorkshire SA Masters Champs 2019	Sheffield	MAS847	0