Individual Best Times (Masters)

Janice Appleton - (150109) - Banbury SC - 100 Backstroke - Long Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
2:17.89	71	Н	29/05/16	European Masters Championships	London	MAS615	0
2:20.74	67	Н	26/07/14	Rushmoor Royals Masters Meet	Aldershot Garrison	MAS479	0
2:21.96	65	Н	20/07/19	Rushmoor royals Masters 2019	Aldershot	MAS863	0
2:23.10	64	Н	25/09/16	ASASW Regional Masters Meet	Millfield	MAS633	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
2:21.96	65	Н	20/07/19	Rushmoor royals Masters 2019	Aldershot	MAS863	0
2:23.10	64	Н	25/09/16	ASASW Regional Masters Meet	Millfield	MAS633	0
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2:20.74	67	Н	26/07/14	Rushmoor Royals Masters Meet	Aldershot Garrison	MAS479	0

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