

Individual Best Times (Masters)

Janice Appleton - (150109) - Banbury SC - 200 Freestyle - Long Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
4:07.38	94	H	20/07/19	Rushmoor royals Masters 2019	Aldershot	MAS863	0
4:09.36	92	H	26/07/14	Rushmoor Royals Masters Meet	Aldershot Garrison	MAS479	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
4:07.38	94	H	20/07/19	Rushmoor royals Masters 2019	Aldershot	MAS863	0
4:09.36	92	H	26/07/14	Rushmoor Royals Masters Meet	Aldershot Garrison	MAS479	0