

# Individual Best Times (Masters)

Janice Appleton - (150109) - Banbury SC - 400 Freestyle - Long Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
8:35.50	95	H	25/09/16	ASASW Regional Masters Meet	Millfield	MAS633	0
8:38.33	93	F	05/03/16	Swim Wales Open Masters Meet	Swansea	MAS589	0
8:42.67	91	H	28/05/16	European Masters Championships	London	MAS615	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
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