

Individual Best Times (Masters)

Anna Harrold - (1501232) - Carrick Masters - 400 Freestyle - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
5:17.77	385	F	12/03/23	Cornwall Masters Gala 2023	Bodmin	MAS1019	0
5:19.97	377	H	17/08/21	Carrick Masters	Truro Leisure Centre	LEX3819	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
5:17.77	385	F	12/03/23	Cornwall Masters Gala 2023	Bodmin	MAS1019	0
5:19.97	377	H	17/08/21	Carrick Masters	Truro Leisure Centre	LEX3819	0