## Individual Best Times (Masters)

## Stephanie Baron - (1505417) - South Downs Trojan Swimming Club - 400 Freestyle - Short Course

## Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
5:29.02	347	Н	25/11/23	AP Race Masters Grand Prix 2023	Derby	MAS1103	0
5:30.15	343	Н	29/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
5:33.00	335	F	15/05/22	Erith Masters Meet & Kent Long Distance Champs	Bexleyheath	MAS959	0
5:43.27	305	F	10/07/22	Barnet Copthall Masters Distance Meet 2022	Barnet Copthall	MAS967	0

## Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
5:29.02	347	Н	25/11/23	AP Race Masters Grand Prix 2023	Derby	MAS1103	0
5:30.15	343	Н	29/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
5:43.27	305	F	10/07/22	Barnet Copthall Masters Distance Meet 2022	Barnet Copthall	MAS967	0
5:33.00	335	F	15/05/22	Erith Masters Meet & Kent Long Distance Champs	Bexleyheath	MAS959	0