

Individual Best Times (Masters)

Emma Swallow - (1524599) - Team Ipswich Swimming - 50 Freestyle - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
29.81	455	F	11/06/21	Teamipswich	Ipswich	LEX2157	0
30.42	428		16/02/20	Sudbury Valentine Masters Meet 2020	Sudbury	MAS901	0
30.46	426	H	10/10/21	East Region Masters Championships	Newmarket	MAS922	0
30.50	424	F	24/04/22	8th Newmarket Masters Meet 2022	Newmarket	MAS951	0
30.92	407	H	01/10/23	East Region Masters Championships	Newmarket	MAS1081	0
31.02	403	H	02/10/22	East Region Masters	Newmarket	MAS986	0
31.08	401	F	07/04/24	Newmarket Masters Meet 2024	Newmarket	MAS1144	0
31.35	391	F	26/02/23	West Suffolk Masters Meet 2023	Bury	MAS1015	0

Swim Order

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30.92	407	H	01/10/23	East Region Masters Championships	Newmarket	MAS1081	0
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