

Individual Best Times (Masters)

Susan Lauder - (1598) - Spencer Swim Team - 50 Freestyle - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
40.21	185	H	21/10/01	ASA National Masters SC Champs	Sheffield	ASA020	0
42.02	162		19/04/07	Guernsey Masters Meet	Guernsey	MAS047	0
42.25	159		14/03/08	17th Guernsey Masters 2008	Guernsey	MAS108	0
42.43	157		24/03/06	Guernsey Masters Champs 2006	Guernsey	MAS014	0
44.53	136		25/10/09	BG ASA Masters & Age Grps 2009	Sheffield	MAS156	0
45.56	127		22/04/12	21st Guernsey Open Masters	Guernsey	MAS353	0
45.87	124		10/04/11	20TH Guernsey Masters Meet	Guernsey	MAS280	0
46.52	119		06/04/14	23rd OCS Masters Open Meet	Guernsey	MAS452	0
51.18	89		21/04/13	22nd OCS Masters Open Meet	Guernsey	MAS411	0
52.75	82	F	07/04/19	28th Masters Open Meet	Beau Sejour Centre	MAS839	0
53.47	78	F	03/04/22	29th Guernsey Open Masters Meet	Guernsey	MAS953	0
53.67	77	H	14/11/21	South East Region - Masters Intercounties	Wycombe	MAS928	0
53.78	77	F	06/08/21	Dorking	Dorking	LEX3724	0
55.17	71	F	25/06/22	County Masters	Guildford	MAS965	0
55.60	70	H	14/11/21	South East Region - Masters Intercounties	Wycombe	MAS928	0
58.72	59	F	24/06/23	Surrey County Masters Championships 2023	Surrey	MAS1052	0
59.36	57	F	03/04/23	30th Masters Open Meet	Guernsey	MAS1029	0
1:00.24	55	H	01/10/22	SE South East Short Course Masters 2022	South East	MAS984	0
1:01.47	51	F	07/04/24	Guernsey 31st Masters Meet	Guernsey	MAS1140	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
1:01.47	51	F	07/04/24	Guernsey 31st Masters Meet	Guernsey	MAS1140	0
58.72	59	F	24/06/23	Surrey County Masters Championships 2023	Surrey	MAS1052	0
59.36	57	F	03/04/23	30th Masters Open Meet	Guernsey	MAS1029	0
1:00.24	55	H	01/10/22	SE South East Short Course Masters 2022	South East	MAS984	0
55.17	71	F	25/06/22	County Masters	Guildford	MAS965	0
53.47	78	F	03/04/22	29th Guernsey Open Masters Meet	Guernsey	MAS953	0
55.60	70	H	14/11/21	South East Region - Masters Intercounties	Wycombe	MAS928	0
53.67	77	H	14/11/21	South East Region - Masters Intercounties	Wycombe	MAS928	0
53.78	77	F	06/08/21	Dorking	Dorking	LEX3724	0
52.75	82	F	07/04/19	28th Masters Open Meet	Beau Sejour Centre	MAS839	0
46.52	119		06/04/14	23rd OCS Masters Open Meet	Guernsey	MAS452	0
51.18	89		21/04/13	22nd OCS Masters Open Meet	Guernsey	MAS411	0
45.56	127		22/04/12	21st Guernsey Open Masters	Guernsey	MAS353	0
45.87	124		10/04/11	20TH Guernsey Masters Meet	Guernsey	MAS280	0
44.53	136		25/10/09	BG ASA Masters & Age Grps 2009	Sheffield	MAS156	0
42.25	159		14/03/08	17th Guernsey Masters 2008	Guernsey	MAS108	0
42.02	162		19/04/07	Guernsey Masters Meet	Guernsey	MAS047	0
42.43	157		24/03/06	Guernsey Masters Champs 2006	Guernsey	MAS014	0
40.21	185	H	21/10/01	ASA National Masters SC Champs	Sheffield	ASA020	0