

Individual Best Times (Masters)

Susan Lauder - (1598) - Spencer Swim Team - 50 Backstroke - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
48.26	143	H	20/10/01	ASA National Masters SC Champs	Sheffield	ASA020	0
50.21	127	H	26/10/03	ASA Masters Championships 2003	Sheffield	ASA039	0
51.71	116		19/04/07	Guernsey Masters Meet	Guernsey	MAS047	0
54.28	100		14/03/08	17th Guernsey Masters 2008	Guernsey	MAS108	0
55.39	94		23/10/09	BG ASA Masters & Age Grps 2009	Sheffield	MAS156	0
55.84	92		08/04/11	20TH Guernsey Masters Meet	Guernsey	MAS280	0
56.08	91		05/04/14	23rd OCS Masters Open Meet	Guernsey	MAS452	0
56.08	91		24/03/06	Guernsey Masters Champs 2006	Guernsey	MAS014	0
57.14	86		20/04/13	22nd OCS Masters Open Meet	Guernsey	MAS411	0
59.99	74		20/04/12	21st Guernsey Open Masters	Guernsey	MAS353	0
1:01.90	67	F	02/04/22	29th Guernsey Open Masters Meet	Guernsey	MAS953	0
1:02.69	65	H	14/11/21	South East Region - Masters Intercounties	Wycombe	MAS928	0
1:04.00	61	F	18/08/21	Dorking	Dorking	LEX3836	0
1:04.45	60	F	06/04/19	28th Masters Open Meet	Beau Sejour Centre	MAS839	0
1:05.85	56	F	25/06/22	County Masters	Guildford	MAS965	0
1:11.13	44	F	06/04/24	Guernsey 31st Masters Meet	Gueernsey	MAS1140	0
1:11.31	44	F	24/06/23	Surrey County Masters Championships 2023	Surrey	MAS1052	0
1:13.38	40	F	02/04/23	30th Masters Open Meet	Guernsey	MAS1029	0

Swim Order

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1:11.13	44	F	06/04/24	Guernsey 31st Masters Meet	Gueernsey	MAS1140	0
1:11.31	44	F	24/06/23	Surrey County Masters Championships 2023	Surrey	MAS1052	0
1:13.38	40	F	02/04/23	30th Masters Open Meet	Guernsey	MAS1029	0
1:05.85	56	F	25/06/22	County Masters	Guildford	MAS965	0
1:01.90	67	F	02/04/22	29th Guernsey Open Masters Meet	Guernsey	MAS953	0
1:02.69	65	H	14/11/21	South East Region - Masters Intercounties	Wycombe	MAS928	0
1:04.00	61	F	18/08/21	Dorking	Dorking	LEX3836	0
1:04.45	60	F	06/04/19	28th Masters Open Meet	Beau Sejour Centre	MAS839	0
56.08	91		05/04/14	23rd OCS Masters Open Meet	Guernsey	MAS452	0
57.14	86		20/04/13	22nd OCS Masters Open Meet	Guernsey	MAS411	0
59.99	74		20/04/12	21st Guernsey Open Masters	Guernsey	MAS353	0
55.84	92		08/04/11	20TH Guernsey Masters Meet	Guernsey	MAS280	0
55.39	94		23/10/09	BG ASA Masters & Age Grps 2009	Sheffield	MAS156	0
54.28	100		14/03/08	17th Guernsey Masters 2008	Guernsey	MAS108	0
51.71	116		19/04/07	Guernsey Masters Meet	Guernsey	MAS047	0
56.08	91		24/03/06	Guernsey Masters Champs 2006	Guernsey	MAS014	0
50.21	127	H	26/10/03	ASA Masters Championships 2003	Sheffield	ASA039	0
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