

Individual Best Times (Masters)

Gail Henry - (18872) - Portsmouth Northsea SC - 50 Backstroke - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
34.19	402	H	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
34.55	390		06/06/10	Hampshire County Masters	Waterlooville	MAS225	0
34.70	385		07/06/09	Hampshire Masters Meet	Waterlooville	MAS169	0
34.76	383	F	28/04/18	Masters Meet - April 2018	The Quays	MAS754	0
34.83	380	H	29/10/04	ASA Masters Championship 2004	Sheffield	ASA049	0
34.89	379	H	24/06/18	Hampshire Masters 2018	Portsmouth	MAS771	0
34.97	376	F	13/05/18	Royal Navy Masters 17th Open	Millfield	MAS761	0
35.11	371	H	25/10/19	Swim England National Masters	Sheffield	MAS882	0
35.31	365	H	19/06/16	Hampshire Masters Meet	Portsmouth	MAS623	0
35.50	359	H	26/10/03	ASA Masters Championships 2003	Sheffield	ASA039	0
35.66	355	H	23/06/19	Hampshire Masters 2019	Portsmouth	MAS854	0
35.79	351	H	20/06/15	Hampshire Masters Meet	Portsmouth	MAS544	0
35.79	351		20/06/15	Hampshire County Masters Meet	Portsmouth	MAS548	0
36.04	343	H	29/10/21	Swim England National Masters Champs 2021	Sheffield	MAS924	0
36.27	337	H	30/10/16	ASA National Masters 2016	Sheffield	MAS639	0
36.67	326	H	18/09/21	Hampshire Masters County Championships	Portsmouth	MAS918	0
36.70	325	H	28/10/23	Swim England Masters National Championships 2023	Sheffield	MAS1090	0
36.87	321	R	28/10/23	Swim England Masters National Championships 2023	Sheffield	MAS1090	0
36.88	320	H	02/10/21	South East Short Course Masters 2021	Crawley	MAS926	0
37.09	315	F	18/02/24	Royal Navy Masters 21st Open	Millfield	MAS1121	0
37.25	311	H	30/09/23	South East SC Masters Meet 2023	Crawley	MAS1079	0
37.56	303	F	24/06/23	Hampshire ASA Masters Championships	Portsmouth	MAS1051	0
39.07	269	H	20/10/01	ASA National Masters SC Champs	Sheffield	ASA020	0

Swim Order

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37.09	315	F	18/02/24	Royal Navy Masters 21st Open	Millfield	MAS1121	0
36.70	325	H	28/10/23	Swim England Masters National Championships 2023	Sheffield	MAS1090	0
36.87	321	R	28/10/23	Swim England Masters National Championships 2023	Sheffield	MAS1090	0
37.25	311	H	30/09/23	South East SC Masters Meet 2023	Crawley	MAS1079	0
37.56	303	F	24/06/23	Hampshire ASA Masters Championships	Portsmouth	MAS1051	0
36.04	343	H	29/10/21	Swim England National Masters Champs 2021	Sheffield	MAS924	0
36.88	320	H	02/10/21	South East Short Course Masters 2021	Crawley	MAS926	0
36.67	326	H	18/09/21	Hampshire Masters County Championships	Portsmouth	MAS918	0
35.11	371	H	25/10/19	Swim England National Masters	Sheffield	MAS882	0
35.66	355	H	23/06/19	Hampshire Masters 2019	Portsmouth	MAS854	0
34.19	402	H	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
34.89	379	H	24/06/18	Hampshire Masters 2018	Portsmouth	MAS771	0
34.97	376	F	13/05/18	Royal Navy Masters 17th Open	Millfield	MAS761	0
34.76	383	F	28/04/18	Masters Meet - April 2018	The Quays	MAS754	0
36.27	337	H	30/10/16	ASA National Masters 2016	Sheffield	MAS639	0
35.31	365	H	19/06/16	Hampshire Masters Meet	Portsmouth	MAS623	0
35.79	351	H	20/06/15	Hampshire Masters Meet	Portsmouth	MAS544	0
35.79	351		20/06/15	Hampshire County Masters Meet	Portsmouth	MAS548	0
34.55	390		06/06/10	Hampshire County Masters	Waterlooville	MAS225	0
34.70	385		07/06/09	Hampshire Masters Meet	Waterlooville	MAS169	0

34.83	380	H	29/10/04	ASA Masters Championship 2004	Sheffield	ASA049	0
35.50	359	H	26/10/03	ASA Masters Championships 2003	Sheffield	ASA039	0
39.07	269	H	20/10/01	ASA National Masters SC Champs	Sheffield	ASA020	0