

Individual Best Times (Masters)

Gail Henry - (18872) - Portsmouth Northsea SC - 200 Backstroke - Long Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
2:48.50	390		30/04/05	Welsh Open Masters 2005	Swansea	WAL074	0
2:50.03	379		23/04/04	GB Masters Championship 2004	Manchester	ASA041	0
2:57.62	333		06/06/03	GB Masters Championship 2003	Swansea	ASA032	0

Swim Order

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2:50.03	379		23/04/04	GB Masters Championship 2004	Manchester	ASA041	0
2:57.62	333		06/06/03	GB Masters Championship 2003	Swansea	ASA032	0