

Individual Best Times (Masters)

Gail Henry - (18872) - Portsmouth Northsea SC - 100 Freestyle - Long Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
1:04.75	509	H	28/01/06	London Masters Champs 2006	Crystal Palace	MAS005	0
1:05.30	496		30/04/05	Welsh Open Masters 2005	Swansea	WAL074	0
1:05.35	495		05/03/04	Welsh 5th Open Masters 2004	Swansea	WAL049	0
1:05.44	493		04/06/05	GB Masters Championships 2005	Glasgow	ASA052	0
1:05.45	493		17/06/07	British Masters 2007	Manchester	MAS037	0
1:05.50	492		23/04/04	GB Masters Championship 2004	Manchester	ASA041	0
1:06.83	463		21/06/09	British Gas Masters 2009	Cardiff	MAS150	0
1:08.85	423		31/01/10	South Region Masters Meet	Crawley	MAS212	0
1:09.44	412		06/06/03	GB Masters Championship 2003	Swansea	ASA032	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
1:08.85	423	H	31/01/10	South Region Masters Meet	Crawley	MAS212	0
1:06.83	463		21/06/09	British Gas Masters 2009	Cardiff	MAS150	0
1:05.45	493		17/06/07	British Masters 2007	Manchester	MAS037	0
1:04.75	509		28/01/06	London Masters Champs 2006	Crystal Palace	MAS005	0
1:05.44	493		04/06/05	GB Masters Championships 2005	Glasgow	ASA052	0
1:05.30	496		30/04/05	Welsh Open Masters 2005	Swansea	WAL074	0
1:05.50	492		23/04/04	GB Masters Championship 2004	Manchester	ASA041	0
1:05.35	495		05/03/04	Welsh 5th Open Masters 2004	Swansea	WAL049	0
1:09.44	412		06/06/03	GB Masters Championship 2003	Swansea	ASA032	0