

Individual Best Times (Masters)

Gail Henry - (18872) - Portsmouth Northsea SC - 100 Freestyle - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
1:01.95	533	H	29/10/05	ASA National Masters Champs	Sheffield	ASA056	0
1:03.06	505	H	30/10/04	ASA Masters Championship 2004	Sheffield	ASA049	0
1:03.09	505		29/10/06	ASA National Masters 25m Champ	Sheffield	MAS007	0
1:03.19	502	H	25/10/03	ASA Masters Championships 2003	Sheffield	ASA039	0
1:04.11	481		01/03/08	Bracknell Open Masters 2008	Bracknell	MAS096	0
1:04.12	481		27/10/07	ASA National Masters 2007	Sheffield	MAS044	0
1:06.21	437		07/06/09	Hampshire Masters Meet	Waterlooville	MAS169	0
1:06.58	429	H	20/06/15	Hampshire Masters Meet	Portsmouth	MAS544	0
1:06.58	429		20/06/15	Hampshire County Masters Meet	Portsmouth	MAS548	0
1:07.40	414		06/06/10	Hampshire County Masters	Waterlooville	MAS225	0
1:07.50	412	H	29/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
1:07.87	405	F	28/04/18	Masters Meet - April 2018	The Quays	MAS754	0
1:08.13	401	H	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
1:09.85	372		25/06/17	Hampshire County Masters 2017	Portsmouth	MAS689	0
1:09.96	370	H	20/10/01	ASA National Masters SC Champs	Sheffield	ASA020	0

Swim Order

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1:08.13	401	H	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
1:07.87	405	F	28/04/18	Masters Meet - April 2018	The Quays	MAS754	0
1:07.50	412	H	29/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
1:09.85	372		25/06/17	Hampshire County Masters 2017	Portsmouth	MAS689	0
1:06.58	429	H	20/06/15	Hampshire Masters Meet	Portsmouth	MAS544	0
1:06.58	429		20/06/15	Hampshire County Masters Meet	Portsmouth	MAS548	0
1:07.40	414		06/06/10	Hampshire County Masters	Waterlooville	MAS225	0
1:06.21	437		07/06/09	Hampshire Masters Meet	Waterlooville	MAS169	0
1:04.11	481		01/03/08	Bracknell Open Masters 2008	Bracknell	MAS096	0
1:04.12	481		27/10/07	ASA National Masters 2007	Sheffield	MAS044	0
1:03.09	505		29/10/06	ASA National Masters 25m Champ	Sheffield	MAS007	0
1:01.95	533	H	29/10/05	ASA National Masters Champs	Sheffield	ASA056	0
1:03.06	505	H	30/10/04	ASA Masters Championship 2004	Sheffield	ASA049	0
1:03.19	502	H	25/10/03	ASA Masters Championships 2003	Sheffield	ASA039	0
1:09.96	370	H	20/10/01	ASA National Masters SC Champs	Sheffield	ASA020	0