

Individual Best Times (Masters)

Gail Henry - (18872) - Portsmouth Northsea SC - 200 Freestyle - Long Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
2:23.74	483	H	18/06/06	British Masters Champs 2006	Manchester	MAS001	0
2:24.82	473		30/04/05	Welsh Open Masters 2005	Swansea	WAL074	0
2:25.20	469		05/03/04	Welsh 5th Open Masters 2004	Swansea	WAL049	0
2:27.14	451		23/04/04	GB Masters Championship 2004	Manchester	ASA041	0
2:28.63	437		05/06/05	GB Masters Championships 2005	Glasgow	ASA052	0
2:33.51	397	H	25/01/09	South East Masters Long Course	Crawley	MAS148	0
2:34.32	391		06/06/03	GB Masters Championship 2003	Swansea	ASA032	0
2:42.59	334		20/01/24	SSE LC Masters Meet 2024	Crawley	MAS1115	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
2:42.59	334	H	20/01/24	SSE LC Masters Meet 2024	Crawley	MAS1115	0
2:33.51	397	H	25/01/09	South East Masters Long Course	Crawley	MAS148	0
2:23.74	483		18/06/06	British Masters Champs 2006	Manchester	MAS001	0
2:28.63	437		05/06/05	GB Masters Championships 2005	Glasgow	ASA052	0
2:24.82	473		30/04/05	Welsh Open Masters 2005	Swansea	WAL074	0
2:27.14	451		23/04/04	GB Masters Championship 2004	Manchester	ASA041	0
2:25.20	469		05/03/04	Welsh 5th Open Masters 2004	Swansea	WAL049	0
2:34.32	391		06/06/03	GB Masters Championship 2003	Swansea	ASA032	0