

Individual Best Times (Masters)

Gail Henry - (18872) - Portsmouth Northsea SC - 50 Breaststroke - Long Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
43.10	309	H	09/03/24	AP Race Masters 50m Grand Prix 2024	Sunderland	MAS1129	0
43.42	302	F	20/04/24	British Masters Championships 2024	Swansea	MAS1147	0
45.13	269	H	20/01/24	SSE LC Masters Meet 2024	Crawley	MAS1115	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
43.42	302	F	20/04/24	British Masters Championships 2024	Swansea	MAS1147	0
43.10	309	H	09/03/24	AP Race Masters 50m Grand Prix 2024	Sunderland	MAS1129	0
45.13	269	H	20/01/24	SSE LC Masters Meet 2024	Crawley	MAS1115	0