Individual Best Times (Masters)

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
30.15	637		16/06/13	British Gas GB Masters 2013	Plymouth	MAS382	0
30.45	618	Н	26/05/16	European Masters Championships	London	MAS615	0
30.53	614	F	20/04/24	British Masters Championships 2024	Swansea	MAS1147	0
30.67	605	F	16/06/17	British Masters & Senior Age Group Champs	Aberdeen	MAS683	0
30.94	589	F	19/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
30.97	588	Н	09/06/18	British Masters Championships 2018	Plymouth	MAS769	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
30.53	614	F	20/04/24	British Masters Championships 2024	Swansea	MAS1147	0
30.94	589	F	19/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
30.97	588	Н	09/06/18	British Masters Championships 2018	Plymouth	MAS769	0
30.67	605	F	16/06/17	British Masters & Senior Age Group Champs	Aberdeen	MAS683	0
30.45	618	Н	26/05/16	European Masters Championships	London	MAS615	0
30.15	637		16/06/13	British Gas GB Masters 2013	Plymouth	MAS382	0