

Individual Best Times (Masters)

Christopher Aust - (2187) - Kidlington & Gosford SC - 50 Breaststroke - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
28.84	647		30/10/11	BG ASA National Masters Meet	Sheffield	MAS275	0
29.01	636		26/10/13	BG ASA Masters Meet 2013	Sheffield	MAS388	0
29.04	634		29/10/10	BG ASA Masters & Age Grps 2010	Sheffield	MAS214	0
29.27	619	H	26/10/14	ASA Masters Short Course Meet 2014	Sheffield	MAS494	0
29.39	611		25/10/09	BG ASA Masters & Age Grps 2009	Sheffield	MAS156	0
29.44	608	H	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
29.52	603	H	27/10/19	Swim England National Masters	Sheffield	MAS882	0
29.57	600	H	28/10/23	Swim England Masters National Championships 2023	Sheffield	MAS1090	0
29.65	595	H	28/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
29.67	594	H	29/10/16	ASA National Masters 2016	Sheffield	MAS639	0
29.78	588	H	24/10/15	ASA National Masters 2015	Sheffield	MAS570	0
29.93	579		14/12/14	South Yorkshire Masters Meet	Sheffield	MAS504	0
29.98	576		25/10/08	the asa Masters (25m) 2008	Sheffield	MAS094	0
30.01	574	H	29/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
30.04	572	H	29/10/21	Swim England National Masters Champs 2021	Sheffield	MAS924	0
30.24	561	F	03/12/23	Swim Wales Masters SC Championships 2023	Newport	MAS1104	0
30.33	556		28/10/07	ASA National Masters 2007	Sheffield	MAS044	0
30.47	549		09/09/12	Barnet Copthall Masters Sprint	Barnet	MAS341	0
30.80	531	H	20/11/22	Masters Inter-County 2022	Various	MAS995	0
30.98	522	H	01/04/17	Essex Masters Championships 2017	Basildon	MAS672	0
31.16	513		06/09/15	Barnet Copthal Swim Club Masters Sprint Meet	Barnet Copthal	MAS556	0
31.17	512	F	15/09/19	Masters Sprints Meet 2019	Barnet	MAS870	0
31.48	497		18/06/06	Oxfordshire & Nth Bucks Meet	Aylesbury	MAS018	0
32.11	469	H	04/11/20	Kidlington	Kidlington Leisure C	LEX546	0
32.67	445	H	10/07/21	Kidlington	Kidlington	LEX3329	0

Swim Order

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30.24	561	F	03/12/23	Swim Wales Masters SC Championships 2023	Newport	MAS1104	0
29.57	600	H	28/10/23	Swim England Masters National Championships 2023	Sheffield	MAS1090	0
30.80	531	H	20/11/22	Masters Inter-County 2022	Various	MAS995	0
29.65	595	H	28/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
30.04	572	H	29/10/21	Swim England National Masters Champs 2021	Sheffield	MAS924	0
32.67	445	H	10/07/21	Kidlington	Kidlington	LEX3329	0
32.11	469	H	04/11/20	Kidlington	Kidlington Leisure C	LEX546	0
29.52	603	H	27/10/19	Swim England National Masters	Sheffield	MAS882	0
31.17	512	F	15/09/19	Masters Sprints Meet 2019	Barnet	MAS870	0
29.44	608	H	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
30.01	574	H	29/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
30.98	522	H	01/04/17	Essex Masters Championships 2017	Basildon	MAS672	0
29.67	594	H	29/10/16	ASA National Masters 2016	Sheffield	MAS639	0
29.78	588	H	24/10/15	ASA National Masters 2015	Sheffield	MAS570	0
31.16	513		06/09/15	Barnet Copthal Swim Club Masters Sprint Meet	Barnet Copthal	MAS556	0
29.93	579		14/12/14	South Yorkshire Masters Meet	Sheffield	MAS504	0
29.27	619	H	26/10/14	ASA Masters Short Course Meet 2014	Sheffield	MAS494	0
29.01	636		26/10/13	BG ASA Masters Meet 2013	Sheffield	MAS388	0

30.47	549	09/09/12	Barnet Copthall Masters Sprint	Barnet	MAS341	0
28.84	647	30/10/11	BG ASA National Masters Meet	Sheffield	MAS275	0
29.04	634	29/10/10	BG ASA Masters & Age Grps 2010	Sheffield	MAS214	0
29.39	611	25/10/09	BG ASA Masters & Age Grps 2009	Sheffield	MAS156	0
29.98	576	25/10/08	the asa Masters (25m) 2008	Sheffield	MAS094	0
30.33	556	28/10/07	ASA National Masters 2007	Sheffield	MAS044	0
31.48	497	18/06/06	Oxfordshire & Nth Bucks Meet	Aylesbury	MAS018	0