

# Individual Best Times (Masters)

Antony Corben - (2242) - South Downs Trojan Swimming Club - 400 Freestyle - Long Course

Time Order

| Time    | FINA Pts | Round | Swim Date | Meet                               | Venue      | Licence | Level |
|---------|----------|-------|-----------|------------------------------------|------------|---------|-------|
| 5:33.34 | 287      |       | 10/02/13  | South East LC Masters Meet         | Crawley    | MAS384  | 0     |
| 5:36.89 | 278      | H     | 23/01/16  | SER Long Course Masters Meet       | Crawley    | MAS585  | 0     |
| 5:36.89 | 278      |       | 23/01/16  | SER Long Course Masters Meet       | Crawley    | MAS585  | 0     |
| 5:56.34 | 235      | H     | 09/06/18  | British Masters Championships 2018 | Plymouth   | MAS769  | 0     |
| 6:03.37 | 222      | H     | 23/01/22  | South East Open LC Masters         | K2 Crawley | MAS937  | 0     |

Swim Order

| Time    | FINA Pts | Round | Swim Date | Meet                               | Venue      | Licence | Level |
|---------|----------|-------|-----------|------------------------------------|------------|---------|-------|
| 6:03.37 | 222      | H     | 23/01/22  | South East Open LC Masters         | K2 Crawley | MAS937  | 0     |
| 5:56.34 | 235      | H     | 09/06/18  | British Masters Championships 2018 | Plymouth   | MAS769  | 0     |
| 5:36.89 | 278      | H     | 23/01/16  | SER Long Course Masters Meet       | Crawley    | MAS585  | 0     |
| 5:36.89 | 278      |       | 23/01/16  | SER Long Course Masters Meet       | Crawley    | MAS585  | 0     |
| 5:33.34 | 287      |       | 10/02/13  | South East LC Masters Meet         | Crawley    | MAS384  | 0     |