

Individual Best Times (Masters)

Antony Corben - (2242) - South Downs Trojan Swimming Club - 400 Freestyle - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
4:57.05	364		27/10/07	ASA National Masters 2007	Sheffield	MAS044	0
5:09.76	321		27/10/12	BG ASA Masters & Senior Meet	Sheffield	MAS335	0
5:16.88	300		30/10/11	BG ASA National Masters Meet	Sheffield	MAS275	0
5:19.00	294	H	24/10/15	ASA National Masters 2015	Sheffield	MAS570	0
5:19.86	292		07/07/13	Barnet Cophall Distance Meet	Barnet	MAS433	0
5:25.17	278	F	03/05/15	Royal Navy Masters Open	Millfield	MAS530	0
5:31.03	263	H	25/10/14	ASA Masters Short Course Meet 2014	Sheffield	MAS494	0
5:34.46	255		12/07/14	Barnet Cophall Masters Distance Meet	Barnet	MAS477	0
5:36.02	252	H	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
5:40.39	242	H	28/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
5:47.35	228		08/07/18	Barnet Cophall Masters Distance Meet 2018	Barnet	MAS774	0
5:53.35	216	F	27/02/22	Royal Navy Masters 19th Open	Millfield	MAS939	0
5:53.63	216	H	01/10/22	SE South East Short Course Masters 2022	South East	MAS984	0
5:55.46	212	F	13/05/18	Royal Navy Masters 17th Open	Millfield	MAS761	0
5:57.53	209	F	18/09/22	Barnet Cophall Masters Sprints+ Meet 2022	Barnet	MAS981	0

Swim Order

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5:53.63	216	H	01/10/22	SE South East Short Course Masters 2022	South East	MAS984	0
5:57.53	209	F	18/09/22	Barnet Cophall Masters Sprints+ Meet 2022	Barnet	MAS981	0
5:53.35	216	F	27/02/22	Royal Navy Masters 19th Open	Millfield	MAS939	0
5:36.02	252	H	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
5:47.35	228		08/07/18	Barnet Cophall Masters Distance Meet 2018	Barnet	MAS774	0
5:55.46	212	F	13/05/18	Royal Navy Masters 17th Open	Millfield	MAS761	0
5:40.39	242	H	28/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
5:19.00	294	H	24/10/15	ASA National Masters 2015	Sheffield	MAS570	0
5:25.17	278	F	03/05/15	Royal Navy Masters Open	Millfield	MAS530	0
5:31.03	263	H	25/10/14	ASA Masters Short Course Meet 2014	Sheffield	MAS494	0
5:34.46	255		12/07/14	Barnet Cophall Masters Distance Meet	Barnet	MAS477	0
5:19.86	292		07/07/13	Barnet Cophall Distance Meet	Barnet	MAS433	0
5:09.76	321		27/10/12	BG ASA Masters & Senior Meet	Sheffield	MAS335	0
5:16.88	300		30/10/11	BG ASA National Masters Meet	Sheffield	MAS275	0
4:57.05	364		27/10/07	ASA National Masters 2007	Sheffield	MAS044	0