

Individual Best Times (Masters)

Fiona Carroll - (22916) - City of Southampton SC - 400 Freestyle - Long Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
4:51.48	526	H	03/06/23	British Masters Championships	Sheffield	MAS1046	0
4:56.38	500	H	21/01/23	Swim South East LC Masters Meet	Crawley	MAS1007	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
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