

Individual Best Times (Masters)

Fiona Carroll - (22916) - City of Southampton SC - 400 Freestyle - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
4:41.45	555	H	02/10/21	South East Short Course Masters 2021	Crawley	MAS926	0
4:41.68	553	F	27/02/22	Royal Navy Masters 19th Open	Millfield	MAS939	0
4:42.93	546	H	01/10/22	SE South East Short Course Masters 2022	South East	MAS984	0
4:43.15	545	H	29/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
4:45.22	533	F	26/02/23	Royal Navy Masters 20th Open	Millfield	MAS1014	0
4:47.19	522	H	30/09/23	South East SC Masters Meet 2023	Crawley	MAS1079	0
4:49.80	508	H	29/10/23	Swim England Masters National Championships 2023	Sheffield	MAS1090	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
4:49.80	508	H	29/10/23	Swim England Masters National Championships 2023	Sheffield	MAS1090	0
4:47.19	522	H	30/09/23	South East SC Masters Meet 2023	Crawley	MAS1079	0
4:45.22	533	F	26/02/23	Royal Navy Masters 20th Open	Millfield	MAS1014	0
4:43.15	545	H	29/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
4:42.93	546	H	01/10/22	SE South East Short Course Masters 2022	South East	MAS984	0
4:41.68	553	F	27/02/22	Royal Navy Masters 19th Open	Millfield	MAS939	0
4:41.45	555	H	02/10/21	South East Short Course Masters 2021	Crawley	MAS926	0