

Individual Best Times (Masters)

Diana Groat - (3172) - Aylesbury & District SC - 50 Breaststroke - Long Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
48.81	213	H	26/05/16	European Masters Championships	London	MAS615	0
50.80	189		21/01/17	SER Long Course Masters 2017	Crawley	MAS658	0
51.55	180	F	16/06/19	British Masters Champs 2019	Swansea	MAS853	0
52.35	172	H	20/01/18	Swim South East LC Masters 2018	Crawley	MAS733	0
52.49	171	F	19/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
52.84	168	H	02/06/23	British Masters Championships	Sheffield	MAS1046	0
52.97	166	H	23/01/16	SER Long Course Masters Meet	Crawley	MAS585	0
52.97	166		23/01/16	SER Long Course Masters Meet	Crawley	MAS585	0
53.26	164	H	20/01/24	SSE LC Masters Meet 2024	Crawley	MAS1115	0
54.24	155	F	20/04/24	British Masters Championships 2024	Swansea	MAS1147	0
54.39	154	H	18/01/20	SSE LC Masters 2020	Crawley	MAS897	0
56.25	139	H	23/01/22	South East Open LC Masters	K2 Crawley	MAS937	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
54.24	155	F	20/04/24	British Masters Championships 2024	Swansea	MAS1147	0
53.26	164	H	20/01/24	SSE LC Masters Meet 2024	Crawley	MAS1115	0
52.84	168	H	02/06/23	British Masters Championships	Sheffield	MAS1046	0
52.49	171	F	19/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
56.25	139	H	23/01/22	South East Open LC Masters	K2 Crawley	MAS937	0
54.39	154	H	18/01/20	SSE LC Masters 2020	Crawley	MAS897	0
51.55	180	F	16/06/19	British Masters Champs 2019	Swansea	MAS853	0
52.35	172	H	20/01/18	Swim South East LC Masters 2018	Crawley	MAS733	0
50.80	189		21/01/17	SER Long Course Masters 2017	Crawley	MAS658	0
48.81	213	H	26/05/16	European Masters Championships	London	MAS615	0
52.97	166	H	23/01/16	SER Long Course Masters Meet	Crawley	MAS585	0
52.97	166		23/01/16	SER Long Course Masters Meet	Crawley	MAS585	0