

# Individual Best Times (Masters)

Stephen Allen - (325900) - Harrogate District SC - 200 Backstroke - Short Course

Time Order

| Time    | FINA Pts | Round | Swim Date | Meet                                              | Venue              | Licence | Level |
|---------|----------|-------|-----------|---------------------------------------------------|--------------------|---------|-------|
| 2:29.73 | 351      |       | 28/10/07  | ASA National Masters 2007                         | Sheffield          | MAS044  | 0     |
| 2:30.13 | 348      |       | 28/10/06  | ASA National Masters 25m Champ                    | Sheffield          | MAS007  | 0     |
| 2:30.39 | 346      |       | 25/10/09  | BG ASA Masters & Age Grps 2009                    | Sheffield          | MAS156  | 0     |
| 2:31.05 | 341      |       | 26/10/12  | BG ASA Masters & Senior Meet                      | Sheffield          | MAS335  | 0     |
| 2:31.48 | 339      |       | 30/10/11  | BG ASA National Masters Meet                      | Sheffield          | MAS275  | 0     |
| 2:31.71 | 337      |       | 29/10/10  | BG ASA Masters & Age Grps 2010                    | Sheffield          | MAS214  | 0     |
| 2:33.00 | 329      | F     | 22/04/16  | Scottish Masters Short Course Meet                | Aberdeen           | MAS602  | 0     |
| 2:33.68 | 324      | F     | 18/04/14  | Scottish Gas Masters Championships                | Aberdeen           | MAS457  | 0     |
| 2:33.81 | 323      | H     | 25/10/14  | ASA Masters Short Course Meet 2014                | Sheffield          | MAS494  | 0     |
| 2:33.81 | 323      | H     | 24/10/15  | ASA National Masters 2015                         | Sheffield          | MAS570  | 0     |
| 2:34.01 | 322      |       | 10/07/16  | Barnet Cophthall Masters Distance Meet            | Barnet             | MAS621  | 0     |
| 2:34.14 | 321      | H     | 28/10/16  | ASA National Masters 2016                         | Sheffield          | MAS639  | 0     |
| 2:34.38 | 320      |       | 11/07/15  | ASA North West Region Masters Meet                | Blackpool          | MAS553  | 0     |
| 2:35.09 | 315      | H     | 26/10/18  | Swim England Masters Meet 2018                    | Sheffield          | MAS801  | 0     |
| 2:35.87 | 311      |       | 26/10/13  | BG ASA Masters Meet 2013                          | Sheffield          | MAS388  | 0     |
| 2:36.81 | 305      | H     | 27/09/15  | ASANER Masters Meet                               | Harrogate          | MAS560  | 0     |
| 2:36.86 | 305      | H     | 28/10/17  | Swim England Masters National Championships       | Sheffield          | MAS718  | 0     |
| 2:37.18 | 303      | H     | 25/10/19  | Swim England National Masters                     | Sheffield          | MAS882  | 0     |
| 2:37.81 | 299      |       | 09/07/17  | Barnet Cophthall Masters Distance Meet            | Barnet             | MAS688  | 0     |
| 2:37.84 | 299      | H     | 30/10/21  | Swim England National Masters Champs 2021         | Sheffield          | MAS924  | 0     |
| 2:38.39 | 296      | F     | 19/04/19  | Scottish National Masters Championships 2019      | Royal Commonwealth | MAS836  | 0     |
| 2:38.96 | 293      | H     | 08/10/22  | West Midlands Masters                             | Coventry           | MAS988  | 0     |
| 2:39.01 | 293      | H     | 22/02/20  | SENW Masters Championships                        | Blackpool          | MAS900  | 0     |
| 2:39.24 | 291      | H     | 20/02/16  | North West Masters Meet                           | Blackpool          | MAS593  | 0     |
| 2:39.56 | 290      | H     | 30/10/22  | Swim England Masters National Championships 2022  | Sheffield          | MAS992  | 0     |
| 2:39.59 | 289      | H     | 24/02/18  | NW Regional Meet                                  | Blackpool          | MAS738  | 0     |
| 2:40.07 | 287      | H     | 07/09/19  | Arfon SC 32nd Annual Gala                         | Llandudno          | MAS869  | 0     |
| 2:40.87 | 283      | H     | 26/03/17  | Billingham Forum Masters & Seniors Open Meet 2017 | Billingham         | MAS671  | 0     |
| 2:41.25 | 281      | H     | 30/09/18  | SEER Open Masters 2018                            | Newmarket          | MAS793  | 0     |
| 2:42.54 | 274      | F     | 24/04/15  | Scottish Masters Short Course Meet                | Glasgow            | MAS535  | 0     |
| 2:43.36 | 270      | H     | 25/09/21  | North West Region Masters                         | Blackpool          | MAS917  | 0     |
| 2:44.62 | 264      | H     | 28/10/23  | Swim England Masters National Championships 2023  | Sheffield          | MAS1090 | 0     |
| 2:45.17 | 261      | H     | 21/05/23  | Derbyshire Masters SC Championships               | Matlock            | MAS1043 | 0     |
| 2:45.38 | 260      | F     | 09/07/23  | Masters Distance Meet Barnet Cophthall            | Barnet             | MAS1055 | 0     |
| 2:45.77 | 258      | H     | 30/09/23  | West Midlands SC Masters Championships 2023       | Coventry           | MAS1084 | 0     |
| 2:46.02 | 257      | F     | 08/04/22  | Scottish National Masters                         | Glasgow            | MAS949  | 0     |
| 2:49.19 | 243      | H     | 24/02/24  | SE North West Masters 2024                        | Blackpool          | MAS1123 | 0     |
| 2:50.63 | 237      | H     | 08/08/21  | East Leeds                                        | John Charles       | LEX3744 | 0     |

Swim Order

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| 2:49.19 | 243      | H     | 24/02/24  | SE North West Masters 2024                       | Blackpool | MAS1123 | 0     |
| 2:44.62 | 264      | H     | 28/10/23  | Swim England Masters National Championships 2023 | Sheffield | MAS1090 | 0     |
| 2:45.77 | 258      | H     | 30/09/23  | West Midlands SC Masters Championships 2023      | Coventry  | MAS1084 | 0     |
| 2:45.38 | 260      | F     | 09/07/23  | Masters Distance Meet Barnet Cophthall           | Barnet    | MAS1055 | 0     |
| 2:45.17 | 261      | H     | 21/05/23  | Derbyshire Masters SC Championships              | Matlock   | MAS1043 | 0     |

|         |     |   |          |                                                   |                    |         |   |
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| 2:46.02 | 257 | F | 08/04/22 | Scottish National Masters                         | Glasgow            | MAS949  | 0 |
| 2:37.84 | 299 | H | 30/10/21 | Swim England National Masters Champs 2021         | Sheffield          | MAS924  | 0 |
| 2:43.36 | 270 | H | 25/09/21 | North West Region Masters                         | Blackpool          | MAS917  | 0 |
| 2:50.63 | 237 | H | 08/08/21 | East Leeds                                        | John Charles       | LEX3744 | 0 |
| 2:39.01 | 293 | H | 22/02/20 | SENW Masters Championships                        | Blackpool          | MAS900  | 0 |
| 2:37.18 | 303 | H | 25/10/19 | Swim England National Masters                     | Sheffield          | MAS882  | 0 |
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| 2:39.24 | 291 | H | 20/02/16 | North West Masters Meet                           | Blackpool          | MAS593  | 0 |
| 2:33.81 | 323 | H | 24/10/15 | ASA National Masters 2015                         | Sheffield          | MAS570  | 0 |
| 2:36.81 | 305 | H | 27/09/15 | ASANER Masters Meet                               | Harrogate          | MAS560  | 0 |
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