

Individual Best Times (Masters)

Stephen Allen - (325900) - Harrogate District SC - 400 Freestyle - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
5:10.86	318	H	19/11/17	South Yorkshire Open Masters 2017	Sheffield	MAS723	0
5:10.86	318		19/11/17	South Yorkshire Masters	Sheffield	MAS727	0
5:11.34	316	H	27/09/15	ASANER Masters Meet	Harrogate	MAS560	0
5:13.46	310		11/12/16	South Yorkshire Masters 2016	Sheffield	MAS645	0
5:13.90	309		14/12/14	South Yorkshire Masters Meet	Sheffield	MAS504	0
5:15.88	303	H	03/12/17	Hull Masters City of Culture 2017	Hull	MAS731	0
5:17.32	299	H	01/07/18	Northumberland & Durham Masters 2018	South Shields	MAS775	0
5:18.34	296	F	25/04/15	Scottish Masters Short Course Meet	Glasgow	MAS535	0
5:20.84	289		24/11/12	East District Masters Meet	Preston Pans	MAS369	0
5:26.05	275		26/11/11	3rd East Of Scotland Masters	Preston Pans	MAS284	0

Swim Order

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5:17.32	299	H	01/07/18	Northumberland & Durham Masters 2018	South Shields	MAS775	0
5:15.88	303	H	03/12/17	Hull Masters City of Culture 2017	Hull	MAS731	0
5:10.86	318	H	19/11/17	South Yorkshire Open Masters 2017	Sheffield	MAS723	0
5:10.86	318		19/11/17	South Yorkshire Masters	Sheffield	MAS727	0
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5:26.05	275		26/11/11	3rd East Of Scotland Masters	Preston Pans	MAS284	0