

Individual Best Times (Masters)

Stephen Allen - (325900) - Harrogate District SC - 200 Breaststroke - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
2:56.43	315	H	30/10/16	ASA National Masters 2016	Sheffield	MAS639	0
2:57.94	307		25/10/13	BG ASA Masters Meet 2013	Sheffield	MAS388	0
2:58.33	305	F	23/04/16	Scottish Masters Short Course Meet	Aberdeen	MAS602	0
2:58.49	305		11/07/15	ASA North West Region Masters Meet	Blackpool	MAS553	0
2:58.53	304	H	27/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
3:00.21	296	F	25/04/15	Scottish Masters Short Course Meet	Glasgow	MAS535	0
3:00.52	294	F	21/04/18	Scottish National Masters Championships	Glasgow	MAS755	0
3:02.17	286	H	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
3:05.25	272	F	20/04/19	Scottish National Masters Championships 2019	Royal Commonwealth	MAS836	0
3:05.38	272	H	26/10/19	Swim England National Masters	Sheffield	MAS882	0
3:09.34	255	H	29/09/19	Swim England East Region Seniors & Masters	Newmarket	MAS877	0
3:14.48	235	H	17/09/23	Leicestershire ASA Masters gala	Leicester	MAS1070	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
3:14.48	235	H	17/09/23	Leicestershire ASA Masters gala	Leicester	MAS1070	0
3:05.38	272	H	26/10/19	Swim England National Masters	Sheffield	MAS882	0
3:09.34	255	H	29/09/19	Swim England East Region Seniors & Masters	Newmarket	MAS877	0
3:05.25	272	F	20/04/19	Scottish National Masters Championships 2019	Royal Commonwealth	MAS836	0
3:02.17	286	H	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
3:00.52	294	F	21/04/18	Scottish National Masters Championships	Glasgow	MAS755	0
2:58.53	304	H	27/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
2:56.43	315	H	30/10/16	ASA National Masters 2016	Sheffield	MAS639	0
2:58.33	305	F	23/04/16	Scottish Masters Short Course Meet	Aberdeen	MAS602	0
2:58.49	305		11/07/15	ASA North West Region Masters Meet	Blackpool	MAS553	0
3:00.21	296	F	25/04/15	Scottish Masters Short Course Meet	Glasgow	MAS535	0
2:57.94	307		25/10/13	BG ASA Masters Meet 2013	Sheffield	MAS388	0