

Individual Best Times (Masters)

Lauren Pate - (351390) - City of Stoke SC (Cosacss) - 50 Freestyle - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
28.00	549	H	30/10/20	COSACSS	Fenton Manor	LEX191	0
28.02	548	H	26/10/19	Swim England National Masters	Sheffield	MAS882	0
28.50	520	H	04/06/21	COSACSS	Fenton Manor	LEX1510	0
28.82	503	H	07/03/20	Staffordshire Masters Open 2020	Stafford	MAS909	0
29.40	474	H	23/03/19	Staffordshire Masters 2019	Stafford	MAS829	0
29.46	471		10/11/19	Swim England Masters Inter-County - East West Mid	Rugby	MAS892	0
30.03	445	H	30/10/21	Swim England National Masters Champs 2021	Sheffield	MAS924	0
30.31	432	H	15/04/23	Staffordshire Masters Meet	Staffordshire	MAS1030	0
31.40	389	H	14/04/24	Staffordshire Masters County Meet 2024	Staffordshire	MAS1146	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
31.40	389	H	14/04/24	Staffordshire Masters County Meet 2024	Staffordshire	MAS1146	0
30.31	432	H	15/04/23	Staffordshire Masters Meet	Staffordshire	MAS1030	0
30.03	445	H	30/10/21	Swim England National Masters Champs 2021	Sheffield	MAS924	0
28.50	520	H	04/06/21	COSACSS	Fenton Manor	LEX1510	0
28.00	549	H	30/10/20	COSACSS	Fenton Manor	LEX191	0
28.82	503	H	07/03/20	Staffordshire Masters Open 2020	Stafford	MAS909	0
29.46	471		10/11/19	Swim England Masters Inter-County - East West Mid	Rugby	MAS892	0
28.02	548	H	26/10/19	Swim England National Masters	Sheffield	MAS882	0
29.40	474	H	23/03/19	Staffordshire Masters 2019	Stafford	MAS829	0