

Individual Best Times (Masters)

Lauren Pate - (351390) - City of Stoke SC (Cosacss) - 50 Butterfly - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
29.56	561	H	26/10/19	Swim England National Masters	Sheffield	MAS882	0
29.80	547	H	07/03/20	Staffordshire Masters Open 2020	Stafford	MAS909	0
29.81	547		18/11/18	Swim England Masters Inter County Competition	Various	MAS811	0
29.93	540	H	23/03/19	Staffordshire Masters 2019	Stafford	MAS829	0
30.12	530		10/11/19	Swim England Masters Inter-County - East West Mid	Rugby	MAS892	0
30.69	501	H	12/11/23	Midland Masters Inter-Counties 2023	Moorways	MAS1095	0
30.97	487	H	30/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
31.28	473	H	30/09/23	West Midlands SC Masters Championships 2023	Coventry	MAS1084	0
31.48	464	H	27/10/23	Swim England Masters National Championships 2023	Sheffield	MAS1090	0
31.50	463	H	15/04/23	Staffordshire Masters Meet	Staffordshire	MAS1030	0
31.68	455	H	14/04/24	Staffordshire Masters County Meet 2024	Staffordshire	MAS1146	0
31.79	451	H	30/03/24	SE West Midlands Masters Championships 2024	Coventry	MAS1139	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
31.68	455	H	14/04/24	Staffordshire Masters County Meet 2024	Staffordshire	MAS1146	0
31.79	451	H	30/03/24	SE West Midlands Masters Championships 2024	Coventry	MAS1139	0
30.69	501	H	12/11/23	Midland Masters Inter-Counties 2023	Moorways	MAS1095	0
31.48	464	H	27/10/23	Swim England Masters National Championships 2023	Sheffield	MAS1090	0
31.28	473	H	30/09/23	West Midlands SC Masters Championships 2023	Coventry	MAS1084	0
31.50	463	H	15/04/23	Staffordshire Masters Meet	Staffordshire	MAS1030	0
30.97	487	H	30/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
29.80	547	H	07/03/20	Staffordshire Masters Open 2020	Stafford	MAS909	0
30.12	530		10/11/19	Swim England Masters Inter-County - East West Mid	Rugby	MAS892	0
29.56	561	H	26/10/19	Swim England National Masters	Sheffield	MAS882	0
29.93	540	H	23/03/19	Staffordshire Masters 2019	Stafford	MAS829	0
29.81	547		18/11/18	Swim England Masters Inter County Competition	Various	MAS811	0