

Individual Best Times (Masters)

Lauren Pate - (351390) - City of Stoke SC (Cosacss) - 100 Backstroke - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
1:05.53	587	H	27/10/19	Swim England National Masters	Sheffield	MAS882	0
1:06.50	562	H	07/03/20	Staffordshire Masters Open 2020	Stafford	MAS909	0
1:07.57	536	H	23/03/19	Staffordshire Masters 2019	Stafford	MAS829	0
1:07.62	534	H	27/10/23	Swim England Masters National Championships 2023	Sheffield	MAS1090	0
1:10.95	463	H	30/09/23	West Midlands SC Masters Championships 2023	Coventry	MAS1084	0
1:11.78	447	H	14/04/24	Staffordshire Masters County Meet 2024	Staffordshire	MAS1146	0
1:11.95	444	H	15/04/23	Staffordshire Masters Meet	Staffordshire	MAS1030	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
1:11.78	447	H	14/04/24	Staffordshire Masters County Meet 2024	Staffordshire	MAS1146	0
1:07.62	534	H	27/10/23	Swim England Masters National Championships 2023	Sheffield	MAS1090	0
1:10.95	463	H	30/09/23	West Midlands SC Masters Championships 2023	Coventry	MAS1084	0
1:11.95	444	H	15/04/23	Staffordshire Masters Meet	Staffordshire	MAS1030	0
1:06.50	562	H	07/03/20	Staffordshire Masters Open 2020	Stafford	MAS909	0
1:05.53	587	H	27/10/19	Swim England National Masters	Sheffield	MAS882	0
1:07.57	536	H	23/03/19	Staffordshire Masters 2019	Stafford	MAS829	0