Individual Best Times (Masters)

Helen Andrews - (364652) - South Downs Trojan Swimming Club - 200 Individual Medley - Long Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level	
3:42.69	181	Н	21/07/18	Rushmoor Royals Masters 2018	Aldershot	MAS781	0	
3:43.73	179	Н	20/01/19	Swim South East LC Masters 2019	Crawley	MAS813	0	
3:46.00	173	Н	20/01/18	Swim South East LC Masters 2018	Crawley	MAS733	0	
3:49.60	165	Н	09/06/18	British Masters Championships 2018	Plymouth	MAS769	0	
3:49.90	165	Н	22/07/17	Rushmoor Royals Masters 2017	Aldershot Garrison	MAS694	0	

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
3:43.73	179	Н	20/01/19	Swim South East LC Masters 2019	Crawley	MAS813	0
3:42.69	181	Н	21/07/18	Rushmoor Royals Masters 2018	Aldershot	MAS781	0
3:49.60	165	Н	09/06/18	British Masters Championships 2018	Plymouth	MAS769	0
3:46.00	173	Н	20/01/18	Swim South East LC Masters 2018	Crawley	MAS733	0
3:49.90	165	Н	22/07/17	Rushmoor Royals Masters 2017	Aldershot Garrison	MAS694	0

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