

Individual Best Times (Masters)

Helen Andrews - (364652) - South Downs Trojan Swimming Club - 200 Breaststroke - Long Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
3:56.25	197	F	21/04/24	British Masters Championships 2024	Swansea	MAS1147	0
3:58.93	190	H	23/01/22	South East Open LC Masters	K2 Crawley	MAS937	0
3:59.00	190	H	04/06/23	British Masters Championships	Sheffield	MAS1046	0
4:02.22	183	H	01/09/22	European Masters Championships 2022	Rome	MAS994	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
3:56.25	197	F	21/04/24	British Masters Championships 2024	Swansea	MAS1147	0
3:59.00	190	H	04/06/23	British Masters Championships	Sheffield	MAS1046	0
4:02.22	183	H	01/09/22	European Masters Championships 2022	Rome	MAS994	0
3:58.93	190	H	23/01/22	South East Open LC Masters	K2 Crawley	MAS937	0