Individual Best Times (Masters)

Helen Andrews - (364652) - South Downs Trojan Swimming Club - 200 Breaststroke - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
3:51.44	196	Н	05/10/19	South East Region Short Course Masters	Guildford	MAS879	0
3:51.73	195		19/11/23	LEN European Masters Championships 2023	Madeira, Portugal	MAS1110	0
3:52.00	195	F	21/05/23	Erith Masters Meet & Kent Long Distance Champ	Bexleyheath	MAS1040	0
3:53.36	191	F	27/11/21	Swim Wales Masters SC 2021	Newport	MAS931	0
3:53.96	190		07/07/19	Barnet Copthall Swim Club Masters Distance Meet	Barnet	MAS859	0
3:58.87	178	Н	02/10/21	South East Short Course Masters 2021	Crawley	MAS926	0
4:00.16	175	Н	30/09/23	South East SC Masters Meet 2023	Crawley	MAS1079	0
4:00.31	175	Н	01/10/22	SE South East Short Course Masters 2022	South East	MAS984	0
4:12.52	151	F	03/12/22	Swim Wales Open Masters and Seniors SC 2022	Newport	MAS1001	0

Swim Order

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3:51.73	195		19/11/23	LEN European Masters Championships 2023	Madeira, Portugal	MAS1110	0
4:00.16	175	Н	30/09/23	South East SC Masters Meet 2023	Crawley	MAS1079	0
3:52.00	195	F	21/05/23	Erith Masters Meet & Kent Long Distance Champ	Bexleyheath	MAS1040	0
4:12.52	151	F	03/12/22	Swim Wales Open Masters and Seniors SC 2022	Newport	MAS1001	0
4:00.31	175	Н	01/10/22	SE South East Short Course Masters 2022	South East	MAS984	0
3:53.36	191	F	27/11/21	Swim Wales Masters SC 2021	Newport	MAS931	0
3:58.87	178	Н	02/10/21	South East Short Course Masters 2021	Crawley	MAS926	0
3:51.44	196	Н	05/10/19	South East Region Short Course Masters	Guildford	MAS879	0
3:53.96	190		07/07/19	Barnet Copthall Swim Club Masters Distance Meet	Barnet	MAS859	0

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