

Individual Best Times (Masters)

Tara Lofthouse - (40045) - Exe Masters Swimming Club - 400 Freestyle - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
4:45.97	529	F	06/04/08	Royal Navy Masters Meet	Yeovil	MAS125	0
4:55.07	481		24/10/09	BG ASA Masters & Age Grps 2009	Sheffield	MAS156	0
4:58.09	467		11/04/10	Gloucester Open Masters Meet	Gloucester	MAS215	0
5:02.63	446		27/03/11	Royal Navy 10th Masters Meet	Millfield	MAS297	0
5:06.37	430		24/03/13	Royal Navy Open Masters Meet	Millfield	MAS402	0
5:18.71	382		23/02/20	Royal Navy Masters 17th Open	Millfield	MAS903	0

Swim Order

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5:18.71	382	F	23/02/20	Royal Navy Masters 17th Open	Millfield	MAS903	0
5:06.37	430		24/03/13	Royal Navy Open Masters Meet	Millfield	MAS402	0
5:02.63	446		27/03/11	Royal Navy 10th Masters Meet	Millfield	MAS297	0
4:58.09	467		11/04/10	Gloucester Open Masters Meet	Gloucester	MAS215	0
4:55.07	481		24/10/09	BG ASA Masters & Age Grps 2009	Sheffield	MAS156	0
4:45.97	529		06/04/08	Royal Navy Masters Meet	Yeovil	MAS125	0