

Individual Best Times (Masters)

Rob Arnold - (4052) - Trafford Metro Bor SC - 100 Individual Medley - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
1:14.84	285		30/11/08	4th Etwall Eagles Masters (LM)	Derby	MAS107	0
1:15.46	278		10/01/09	Shrewsbury Masters Meet	Shrewsbury	MAS183	0
1:19.23	240	H	15/07/23	Cheshire County Masters	Stockport	MAS1056	0
1:21.23	223	H	14/04/24	Staffordshire Masters County Meet 2024	Staffordshire	MAS1146	0
1:21.38	222	H	23/02/19	N W Region Masters 2019	Blackpool	MAS820	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
1:21.23	223	H	14/04/24	Staffordshire Masters County Meet 2024	Staffordshire	MAS1146	0
1:19.23	240	H	15/07/23	Cheshire County Masters	Stockport	MAS1056	0
1:21.38	222	H	23/02/19	N W Region Masters 2019	Blackpool	MAS820	0
1:15.46	278		10/01/09	Shrewsbury Masters Meet	Shrewsbury	MAS183	0
1:14.84	285		30/11/08	4th Etwall Eagles Masters (LM)	Derby	MAS107	0