

Individual Best Times (Masters)

Rob Arnold - (4052) - Trafford Metro Bor SC - 800 Freestyle - Long Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
9:50.66	448	H	04/06/05	GB Masters Championships 2005	Glasgow	ASA052	0
9:50.83	448		04/08/06	World Championships 2006	Stanford, USA	MAS004	0
10:08.85	409		06/05/12	British Gas Masters Meet	Sheffield	MAS328	0
10:58.27	324	F	20/04/24	British Masters Championships 2024	Swansea	MAS1147	0
11:11.45	305	F	05/03/23	Swim Wales Open Masters 2023	Swansea	MAS1078	0

Swim Order

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10:08.85	409		06/05/12	British Gas Masters Meet	Sheffield	MAS328	0
9:50.83	448		04/08/06	World Championships 2006	Stanford, USA	MAS004	0
9:50.66	448		04/06/05	GB Masters Championships 2005	Glasgow	ASA052	0