

Individual Best Times (Masters)

Rob Arnold - (4052) - Trafford Metro Bor SC - 800 Freestyle - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
9:37.04	453	H	31/10/04	ASA Masters Championship 2004	Sheffield	ASA049	0
9:39.51	447		29/10/06	ASA National Masters 25m Champ	Sheffield	MAS007	0
9:41.77	442		30/10/05	ASA National Masters Champs	Sheffield	ASA056	0
10:00.54	402		26/10/08	the asa Masters (25m) 2008	Sheffield	MAS094	0
10:02.64	398	H	28/10/12	BG ASA Masters & Senior Meet	Sheffield	MAS335	0
10:26.10	355		19/02/17	2017 ASANWR Masters Championships	Blackpool	MAS659	0
10:27.45	352		25/10/09	BG ASA Masters & Age Grps 2009	Sheffield	MAS156	0
10:41.57	330		25/02/23	Swim North West Masters Championships	Blackpool	MAS1013	0
10:47.21	321	H	28/10/23	Swim England Masters National Championships 2023	Sheffield	MAS1090	0
10:54.62	310	H	26/02/22	Swim North West Masters	Blackpool	MAS940	0

Swim Order

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10:47.21	321	H	28/10/23	Swim England Masters National Championships 2023	Sheffield	MAS1090	0
10:41.57	330	H	25/02/23	Swim North West Masters Championships	Blackpool	MAS1013	0
10:54.62	310	H	26/02/22	Swim North West Masters	Blackpool	MAS940	0
10:26.10	355	H	19/02/17	2017 ASANWR Masters Championships	Blackpool	MAS659	0
10:02.64	398		28/10/12	BG ASA Masters & Senior Meet	Sheffield	MAS335	0
10:27.45	352		25/10/09	BG ASA Masters & Age Grps 2009	Sheffield	MAS156	0
10:00.54	402		26/10/08	the asa Masters (25m) 2008	Sheffield	MAS094	0
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9:37.04	453		31/10/04	ASA Masters Championship 2004	Sheffield	ASA049	0