

Individual Best Times (Masters)

Sheena Bassett - (4965) - Crawley SC - 400 Individual Medley - Long Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
7:28.13	208		06/08/06	World Championships 2006	Stanford, USA	MAS004	0
7:59.39	170		25/01/09	South East Masters Long Course	Crawley	MAS148	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
7:59.39	170		25/01/09	South East Masters Long Course	Crawley	MAS148	0
7:28.13	208		06/08/06	World Championships 2006	Stanford, USA	MAS004	0