

# Individual Best Times (Masters)

John Knowles - (501919) - Maidenhead ASC - 100 Freestyle - Long Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
56.30	576		18/04/08	World Masters Champs 2008	Perth, Australia	MAS090	0
58.78	506		24/01/09	South East Masters Long Course	Crawley	MAS148	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
58.78	506		24/01/09	South East Masters Long Course	Crawley	MAS148	0
56.30	576		18/04/08	World Masters Champs 2008	Perth, Australia	MAS090	0