

# Individual Best Times (Masters)

Nia Westlake - (56778) - Cinderford & District SC - 50 Freestyle - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
29.29	479	F	01/12/12	Welsh Capital Masters Meet	Cardiff	MAS344	0
29.44	472		05/07/21	Cinderford & District	Freedom	LEX3286	0
30.26	435		10/11/13	ASA Inter-Counties South West	Millfield	MAS400	0

Swim Order

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