

Individual Best Times (Masters)

Nia Westlake - (56778) - Cinderford & District SC - 100 Butterfly - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
1:09.56	469	H	29/10/23	Swim England Masters National Championships 2023	Sheffield	MAS1090	0
1:09.71	466	F	07/01/17	Shrewsbury Masters Gala 2017	Shrewsbury	MAS655	0
1:09.99	460	H	28/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
1:10.92	442	F	03/12/23	Swim Wales Masters SC Championships 2023	Newport	MAS1104	0
1:11.08	439	F	07/08/22	Gloucester Masters Open Meet	Gloucester	MAS974	0
1:11.56	430	H	21/06/14	Cinderford Masters Birthday Bash	Ross-On-Wye	MAS471	0
1:11.94	424	H	18/05/19	Gloucester & Somerset County Masters	Bristol	MAS851	0
1:12.07	421		01/12/12	Welsh Capital Masters Meet	Cardiff	MAS344	0
1:12.22	419		05/01/13	Shrewsbury Open Masters Meet	Shrewsbury	MAS413	0
1:12.39	416	F	09/01/16	Shrewsbury Masters New Year Meet	Shrewsbury	MAS596	0
1:12.41	415	F	05/07/21	Cinderford & District	Freedom	LEX3286	0
1:12.50	414		10/01/15	Shrewsbury Masters Gala	Shrewsbury	MAS509	0
1:13.07	404		13/09/15	Gloucester & Somerset Masters Meet	Bristol	MAS564	0
1:13.29	401		14/09/14	Gloucester & Somerset County Masters Championships	Bristol	MAS487	0
1:14.17	386	H	31/03/19	Gloucester Masters 2019	Gloucester	MAS834	0
1:15.83	362		04/01/14	Shrewsbury Masters Meet	Shrewsbury	MAS440	0

Swim Order

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