

Individual Best Times (Masters)

Nia Westlake - (56778) - Cinderford & District SC - 200 Backstroke - Long Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
2:38.98	464	F	02/03/24	Swim Wales Open Masters 2024	Swansea	MAS1126	0
2:44.10	422	F	04/03/23	Swim Wales Open Masters 2023	Swansea	MAS1078	0
2:46.55	404	F	29/02/20	Swim Wales Open Masters 2020	Wales National Pool	MAS907	0

Swim Order

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