

Individual Best Times (Masters)

Nia Westlake - (56778) - Cinderford & District SC - 100 Individual Medley - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
1:10.52	514	H	29/10/23	Swim England Masters National Championships 2023	Sheffield	MAS1090	0
1:11.90	485		05/01/13	Shrewsbury Open Masters Meet	Shrewsbury	MAS413	0
1:12.17	480		07/01/12	Shrewsbury Masters Meet	Shrewsbury	MAS373	0
1:12.52	473	H	29/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
1:12.63	471	H	21/06/14	Cinderford Masters Birthday Bash	Ross-On-Wye	MAS471	0
1:12.72	469	F	07/01/17	Shrewsbury Masters Gala 2017	Shrewsbury	MAS655	0
1:12.99	464	H	22/04/18	Gloucester Masters 2018	Gloucester	MAS753	0
1:13.40	456		18/05/19	Gloucester & Somerset County Masters	Bristol	MAS851	0
1:13.40	456		04/01/14	Shrewsbury Masters Meet	Shrewsbury	MAS440	0
1:13.56	453	F	09/01/16	Shrewsbury Masters New Year Meet	Shrewsbury	MAS596	0
1:13.65	451		14/09/14	Gloucester & Somerset County Masters Championships	Bristol	MAS487	0
1:15.25	423		10/01/15	Shrewsbury Masters Gala	Shrewsbury	MAS509	0

Swim Order

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1:10.52	514	H	29/10/23	Swim England Masters National Championships 2023	Sheffield	MAS1090	0
1:12.52	473	H	29/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
1:13.40	456	H	18/05/19	Gloucester & Somerset County Masters	Bristol	MAS851	0
1:12.99	464	F	22/04/18	Gloucester Masters 2018	Gloucester	MAS753	0
1:12.72	469		07/01/17	Shrewsbury Masters Gala 2017	Shrewsbury	MAS655	0
1:13.56	453		09/01/16	Shrewsbury Masters New Year Meet	Shrewsbury	MAS596	0
1:15.25	423		10/01/15	Shrewsbury Masters Gala	Shrewsbury	MAS509	0
1:13.65	451		14/09/14	Gloucester & Somerset County Masters Championships	Bristol	MAS487	0
1:12.63	471		21/06/14	Cinderford Masters Birthday Bash	Ross-On-Wye	MAS471	0
1:13.40	456	H	04/01/14	Shrewsbury Masters Meet	Shrewsbury	MAS440	0
1:11.90	485		05/01/13	Shrewsbury Open Masters Meet	Shrewsbury	MAS413	0
1:12.17	480		07/01/12	Shrewsbury Masters Meet	Shrewsbury	MAS373	0