

Individual Best Times (Masters)

Nia Westlake - (56778) - Cinderford & District SC - 200 Freestyle - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
2:12.76	573	F	07/08/22	Gloucester Masters Open Meet	Gloucester	MAS974	0
2:12.90	571	F	03/12/23	Swim Wales Masters SC Championships 2023	Newport	MAS1104	0
2:13.46	564		01/12/12	Welsh Capital Masters Meet	Cardiff	MAS344	0
2:16.76	524	H	28/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
2:17.51	516	H	13/04/14	Gloucester Masters Open Meet	Gloucester	MAS455	0
2:18.80	501	F	26/02/23	Royal Navy Masters 20th Open	Millfield	MAS1014	0
2:19.12	498		13/09/15	Gloucester & Somerset Masters Meet	Bristol	MAS564	0
2:21.71	471		14/09/14	Gloucester & Somerset County Masters Championships	Bristol	MAS487	0
2:24.81	442		15/09/13	Gloucester & Somerset Masters	Bristol	MAS428	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
2:12.90	571	F	03/12/23	Swim Wales Masters SC Championships 2023	Newport	MAS1104	0
2:18.80	501	F	26/02/23	Royal Navy Masters 20th Open	Millfield	MAS1014	0
2:16.76	524	H	28/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
2:12.76	573	F	07/08/22	Gloucester Masters Open Meet	Gloucester	MAS974	0
2:19.12	498		13/09/15	Gloucester & Somerset Masters Meet	Bristol	MAS564	0
2:21.71	471		14/09/14	Gloucester & Somerset County Masters Championships	Bristol	MAS487	0
2:17.51	516	H	13/04/14	Gloucester Masters Open Meet	Gloucester	MAS455	0
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