

# Individual Best Times (Masters)

Mike Ireland - (67982) - 4 Shires Swimming Club - 400 Individual Medley - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
5:39.21	331		29/10/11	BG ASA National Masters Meet	Sheffield	MAS275	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
5:39.21	331		29/10/11	BG ASA National Masters Meet	Sheffield	MAS275	0