

# Individual Best Times (Masters)

Thomas Allen - (797449) - Flitwick Dolphins SC - 400 Freestyle - Long Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
4:53.01	423	F	21/04/24	British Masters Championships 2024	Swansea	MAS1147	0
4:55.59	412	H	09/03/24	AP Race Masters 50m Grand Prix 2024	Sunderland	MAS1129	0
4:59.24	397	F	18/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
5:13.32	346	H	04/06/22	Yorkshire Open Masters and Senior Age Group Champs	Sheffield	MAS961	0

Swim Order

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