

Individual Best Times (Masters)

Paul Clemence - (821582) - East Leeds SC - 100 Freestyle - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
52.81	612	H	30/10/16	Masters Legacy	England	MAS982	0
52.83	611		27/10/13	BG ASA Masters Meet 2013	Sheffield	MAS388	0
52.94	607	H	24/10/14	ASA Masters Short Course Meet 2014	Sheffield	MAS494	0
53.32	594	H	28/10/16	ASA National Masters 2016	Sheffield	MAS639	0
53.59	585	H	06/07/14	North West Region Masters	Blackpool	MAS474	0
53.77	579	H	24/10/15	ASA National Masters 2015	Sheffield	MAS570	0
53.78	579	H	29/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
53.98	573	H	12/04/14	Lancashire County Masters Sprints	Blackpool	MAS456	0
53.99	572	H	14/11/21	South Yorkshire Masters Meet	Sheffield	MAS929	0
54.02	571	H	03/07/16	N D Masters Meet	South Shields	MAS616	0
54.09	569	H	29/10/21	Swim England National Masters Champs 2021	Sheffield	MAS924	0
54.14	568		11/12/11	South Yorkshire Open Master Mt	Sheffield	MAS283	0
54.21	565		19/04/15	Gloucester Masters Open Meet	Gloucester	MAS526	0
54.27	564	F	24/04/15	Scottish Masters Short Course Meet	Glasgow	MAS535	0
54.34	561	H	30/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
54.38	560	H	08/08/21	East Leeds	John Charles	LEX3744	0
54.39	560	H	20/09/14	ASANER Masters Championships	South Shields	MAS485	0
54.45	558		01/10/16	Midland Masters Open Meet	Leamington	MAS635	0
54.57	554		29/06/14	Northumberland & Durham Masters	Durham	MAS478	0
54.59	554	R	29/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
54.63	552		27/10/12	BG ASA Masters & Senior Meet	Sheffield	MAS335	0
54.71	550	F	19/11/22	University of Birmingham Masters Meet 2022	Birmingham	MAS997	0
54.71	550	H	13/03/16	Billingham Masters Senior Open Meet	Billingham	MAS594	0
54.74	549	H	28/10/23	Swim England Masters National Championships 2023	Sheffield	MAS1090	0
54.75	549	H	27/09/15	ASANER Masters Meet	Harrogate	MAS560	0
54.97	542	H	20/03/22	Calverton & Bingham Masters	Nottingham	MAS945	0
54.98	542	H	02/07/17	Northumberland & Durham Masters Meet	South Shields	MAS686	0
55.36	531	H	29/02/20	8th Billingham Masters 2020	Billingham	MAS906	0
55.41	529	H	03/12/17	Hull Masters City of Culture 2017	Hull	MAS731	0
55.46	528	H	08/10/22	West Midlands Masters	Coventry	MAS988	0
55.50	527	H	25/09/21	North West Region Masters	Blackpool	MAS917	0
55.60	524	H	07/10/23	Steel City Masters Meet 2023	Sheffield	MAS1086	0
55.61	524	H	11/04/15	Lancashire Masters Sprint Meet	Blackpool	MAS522	0
55.70	521	H	13/03/22	Billingham Masters Meet	Billingham	MAS944	0
55.70	521		29/10/10	BG ASA Masters & Age Grps 2010	Sheffield	MAS214	0
55.76	520	H	02/10/22	East Region Masters	Newmarket	MAS986	0
55.81	518	H	14/05/16	Yorkshire Open Masters	Leeds	MAS610	0
55.92	515	H	26/02/22	Swim North West Masters	Blackpool	MAS940	0
56.16	508	H	12/02/22	Carlisle Masters Meet 2022	Carlisle	MAS938	0
56.29	505	H	01/02/20	Carlisle Aquatics Masters Meet 2020	Carlisle	MAS898	0
56.35	503	H	16/09/23	Bolton Metro SS Inaugural Masters Meet 2023	Bolton	MAS1073	0
56.50	499	H	27/11/21	Etwall Eagles Masters Gala	Alfreton	MAS930	0
56.72	494	H	07/12/19	15th Etwall Masters Open Meet	Alfreton	MAS893	0
1:07.49	293		22/11/15	South Yorkshire Open Masters 2015	Sheffield	MAS583	0
1:14.14	221	H	13/11/22	South Yorkshire Open Masters 2022	Sheffield	MAS996	0
1:18.27	188		14/12/14	South Yorkshire Masters Meet	Sheffield	MAS504	0

Swim Order

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54.74	549	H	28/10/23	Swim England Masters National Championships 2023	Sheffield	MAS1090	0
55.60	524	H	07/10/23	Steel City Masters Meet 2023	Sheffield	MAS1086	0
56.35	503	H	16/09/23	Bolton Metro SS Inaugural Masters Meet 2023	Bolton	MAS1073	0
54.71	550	F	19/11/22	University of Birmingham Masters Meet 2022	Birmingham	MAS997	0
1:14.14	221	H	13/11/22	South Yorkshire Open Masters 2022	Sheffield	MAS996	0
54.34	561	H	30/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
54.59	554	R	29/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
55.46	528	H	08/10/22	West Midlands Masters	Coventry	MAS988	0
55.76	520	H	02/10/22	East Region Masters	Newmarket	MAS986	0
54.97	542	H	20/03/22	Calverton & Bingham Masters	Nottingham	MAS945	0
55.70	521	H	13/03/22	Billingham Masters Meet	Billingham	MAS944	0
55.92	515	H	26/02/22	Swim North West Masters	Blackpool	MAS940	0
56.16	508	H	12/02/22	Carlisle Masters Meet 2022	Carlisle	MAS938	0
56.50	499	H	27/11/21	Etwall Eagles Masters Gala	Alfreton	MAS930	0
53.99	572	H	14/11/21	South Yorkshire Masters Meet	Sheffield	MAS929	0
54.09	569	H	29/10/21	Swim England National Masters Champs 2021	Sheffield	MAS924	0
55.50	527	H	25/09/21	North West Region Masters	Blackpool	MAS917	0
54.38	560	H	08/08/21	East Leeds	John Charles	LEX3744	0
55.36	531	H	29/02/20	8th Billingham Masters 2020	Billingham	MAS906	0
56.29	505	H	01/02/20	Carlisle Aquatics Masters Meet 2020	Carlisle	MAS898	0
56.72	494	H	07/12/19	15th Etwall Masters Open Meet	Alfreton	MAS893	0
55.41	529	H	03/12/17	Hull Masters City of Culture 2017	Hull	MAS731	0
53.78	579	H	29/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
54.98	542	H	02/07/17	Northumberland & Durham Masters Meet	South Shields	MAS686	0
52.81	612	H	30/10/16	Masters Legacy	England	MAS982	0
53.32	594	H	28/10/16	ASA National Masters 2016	Sheffield	MAS639	0
54.45	558		01/10/16	Midland Masters Open Meet	Leamington	MAS635	0
54.02	571	H	03/07/16	N D Masters Meet	South Shields	MAS616	0
55.81	518	H	14/05/16	Yorkshire Open Masters	Leeds	MAS610	0
54.71	550	H	13/03/16	Billingham Masters Senior Open Meet	Billingham	MAS594	0
1:07.49	293		22/11/15	South Yorkshire Open Masters 2015	Sheffield	MAS583	0
53.77	579	H	24/10/15	ASA National Masters 2015	Sheffield	MAS570	0
54.75	549	H	27/09/15	ASANER Masters Meet	Harrogate	MAS560	0
54.27	564	F	24/04/15	Scottish Masters Short Course Meet	Glasgow	MAS535	0
54.21	565		19/04/15	Gloucester Masters Open Meet	Gloucester	MAS526	0
55.61	524	H	11/04/15	Lancashire Masters Sprint Meet	Blackpool	MAS522	0
1:18.27	188		14/12/14	South Yorkshire Masters Meet	Sheffield	MAS504	0
52.94	607	H	24/10/14	ASA Masters Short Course Meet 2014	Sheffield	MAS494	0
54.39	560	H	20/09/14	ASANER Masters Championships	South Shields	MAS485	0
53.59	585	H	06/07/14	North West Region Masters	Blackpool	MAS474	0
54.57	554		29/06/14	Northumberland & Durham Masters	Durham	MAS478	0
53.98	573	H	12/04/14	Lancashire County Masters Sprints	Blackpool	MAS456	0
52.83	611		27/10/13	BG ASA Masters Meet 2013	Sheffield	MAS388	0
54.63	552		27/10/12	BG ASA Masters & Senior Meet	Sheffield	MAS335	0
54.14	568		11/12/11	South Yorkshire Open Master Mt	Sheffield	MAS283	0
55.70	521		29/10/10	BG ASA Masters & Age Grps 2010	Sheffield	MAS214	0