

Individual Best Times (Masters)

Michelle Ware - (852970) - Woking SC - 400 Freestyle - Long Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
4:58.56	490	H	18/01/20	SSE LC Masters 2020	Crawley	MAS897	0
4:59.06	487	H	20/01/19	Swim South East LC Masters 2019	Crawley	MAS813	0
5:03.26	467	H	23/01/22	South East Open LC Masters	K2 Crawley	MAS937	0
5:04.97	459	H	20/01/18	Swim South East LC Masters 2018	Crawley	MAS733	0
5:05.83	455	H	21/01/23	Swim South East LC Masters Meet	Crawley	MAS1007	0
5:09.83	438	H	20/01/24	SSE LC Masters Meet 2024	Crawley	MAS1115	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
5:09.83	438	H	20/01/24	SSE LC Masters Meet 2024	Crawley	MAS1115	0
5:05.83	455	H	21/01/23	Swim South East LC Masters Meet	Crawley	MAS1007	0
5:03.26	467	H	23/01/22	South East Open LC Masters	K2 Crawley	MAS937	0
4:58.56	490	H	18/01/20	SSE LC Masters 2020	Crawley	MAS897	0
4:59.06	487	H	20/01/19	Swim South East LC Masters 2019	Crawley	MAS813	0
5:04.97	459	H	20/01/18	Swim South East LC Masters 2018	Crawley	MAS733	0