## **Individual Best Times (Masters)**

Joseph Lound-Keast - (870405) - Biggleswade SC - 200 Breaststroke - Short Course

## Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
3:32.56	180	F	20/05/18	Erith Masters Meet	Erith	MAS762	0
3:34.78	175		17/02/19	Valentine Masters Meet 2019	Kingfisher LP	MAS823	0
3:36.50	170	Н	29/09/19	Swim England East Region Seniors & Masters	Newmarket	MAS877	0
3:41.22	160	Н	02/10/22	East Region Masters	Newmarket	MAS986	0
3:42.43	157	Н	05/03/22	Bracknell Masters Meet	Bracknell	MAS942	0
3:47.04	148	Н	10/10/21	East Region Masters Championships	Newmarket	MAS922	0

## Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
3:41.22	160	Н	02/10/22	East Region Masters	Newmarket	MAS986	0
3:42.43	157	Н	05/03/22	Bracknell Masters Meet	Bracknell	MAS942	0
3:47.04	148	Н	10/10/21	East Region Masters Championships	Newmarket	MAS922	0
3:36.50	170	Н	29/09/19	Swim England East Region Seniors & Masters	Newmarket	MAS877	0
3:34.78	175		17/02/19	Valentine Masters Meet 2019	Kingfisher LP	MAS823	0
3:32.56	180	F	20/05/18	Erith Masters Meet	Erith	MAS762	0

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