

Individual Best Times (Masters)

Matthew Conrad-Jones - (914169) - Medway Maritime Swimming Club - 200 Individual Medley - Long Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
3:06.71	227	H	09/06/18	British Masters Championships 2018	Plymouth	MAS769	0
3:07.20	225	F	15/06/19	British Masters Champs 2019	Swansea	MAS853	0
3:08.23	222	H	22/01/22	South East Open LC Masters	K2 Crawley	MAS937	0
3:08.80	220		21/01/17	SER Long Course Masters 2017	Crawley	MAS658	0
3:10.93	212	F	05/09/18	2018 European Masters Championships	Slovenia	MAS784	0
3:10.95	212	F	18/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
3:11.50	210	F	21/09/19	GLLAM 2019	London	MAS875	0
3:15.39	198	H	21/01/23	Swim South East LC Masters Meet	Crawley	MAS1007	0

Swim Order

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3:15.39	198	H	21/01/23	Swim South East LC Masters Meet	Crawley	MAS1007	0
3:10.95	212	F	18/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
3:08.23	222	H	22/01/22	South East Open LC Masters	K2 Crawley	MAS937	0
3:11.50	210	F	21/09/19	GLLAM 2019	London	MAS875	0
3:07.20	225	F	15/06/19	British Masters Champs 2019	Swansea	MAS853	0
3:10.93	212	F	05/09/18	2018 European Masters Championships	Slovenia	MAS784	0
3:06.71	227	H	09/06/18	British Masters Championships 2018	Plymouth	MAS769	0
3:08.80	220		21/01/17	SER Long Course Masters 2017	Crawley	MAS658	0