

Individual Best Times (Masters)

Matthew Conrad-Jones - (914169) - Medway Maritime Swimming Club - 400 Freestyle - Long Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
5:52.04	244	F	18/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
5:52.07	244	H	23/01/22	South East Open LC Masters	K2 Crawley	MAS937	0
5:59.07	230	H	29/08/22	European Masters Championships 2022	Rome	MAS994	0

Swim Order

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5:52.04	244	F	18/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
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