

Individual Best Times (Masters)

Jo Corben - (9690) - South Downs Trojan Swimming Club - 50 Backstroke - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
31.67	506	H	20/10/01	ASA National Masters SC Champs	Sheffield	ASA020	0
31.88	496	H	29/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
31.95	493	H	25/10/19	Swim England National Masters	Sheffield	MAS882	0
31.99	491	H	23/10/15	ASA National Masters 2015	Sheffield	MAS570	0
32.02	490	H	29/10/21	Swim England National Masters Champs 2021	Sheffield	MAS924	0
32.03	489	R	27/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
32.23	480		29/10/06	ASA National Masters 25m Champ	Sheffield	MAS007	0
32.25	479	F	10/11/19	National Masters & Seniors Inter-County	Horsham	MAS883	0
32.28	478		12/11/17	Swim England National Masters Inter-County Champs	Various	MAS729	0
32.31	477		04/03/17	Bracknell Masters 2017	Bracknell	MAS665	0
32.36	475	R	29/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
32.42	472	H	20/11/22	Masters Inter-County 2022	Various	MAS995	0
32.44	471	F	12/03/17	16th Royal Navy Open Masters Meet 2017	Millfield	MAS668	0
32.44	471	F	28/04/18	Masters Meet - April 2018	The Quays	MAS754	0
32.44	471	F	10/11/19	National Masters & Seniors Inter-County	Horsham	MAS883	0
32.49	469	F	17/09/23	Barnet Copthall Masters Sprint Meet plus	Barnet Copthall	MAS1077	0
32.51	468	H	26/11/23	AP Race Masters Grand Prix 2023	Derby	MAS1103	0
32.56	466	F	24/06/23	Hampshire ASA Masters Championships	Portsmouth	MAS1051	0
32.59	465	F	10/11/19	National Masters & Seniors Inter-County	Horsham	MAS883	0
32.65	462	H	18/09/21	Hampshire Masters County Championships	Portsmouth	MAS918	0
32.65	462		25/06/17	Hampshire County Masters 2017	Portsmouth	MAS689	0
32.68	461	F	12/11/23	South East Region Masters Inter Counties Meet 2023	London	MAS1094	0
32.68	461	H	02/10/21	South East Short Course Masters 2021	Crawley	MAS926	0
32.70	460	F	27/04/19	FNSC Masters Meet - April 2019	Horizon LC	MAS837	0
32.73	459	F	23/03/24	Reflex Masters Meet 2024	Swindon	MAS1137	0
32.76	457	H	23/06/19	Hampshire Masters 2019	Portsmouth	MAS854	0
32.78	457		18/11/18	Swim England Masters Inter County Competition	Various	MAS811	0
32.82	455	H	14/11/21	South East Region - Masters Intercounties	Wycombe	MAS928	0
32.82	455		14/11/21	Masters Inter-County Meet 2021	Various	MAS987	0
32.87	453	H	19/06/16	Hampshire Masters Meet	Portsmouth	MAS623	0
32.91	451		30/10/10	BG ASA Masters & Age Grps 2010	Sheffield	MAS214	0
32.92	451	H	02/03/19	Bracknell Masters 2019	Bracknell	MAS821	0
32.96	449	F	27/02/22	Royal Navy Masters 19th Open	Millfield	MAS939	0
32.96	449	H	30/09/23	South East SC Masters Meet 2023	Crawley	MAS1079	0
32.98	448	F	13/05/18	Royal Navy Masters 17th Open	Millfield	MAS761	0
33.01	447		03/03/12	Bracknell Masters Meet	Bracknell	MAS366	0
33.03	446	H	14/11/21	South East Region - Masters Intercounties	Wycombe	MAS928	0
33.03	446		14/11/21	Masters Inter-County Meet 2021	Various	MAS987	0
33.12	443	H	10/09/17	Berks & S Bucks Masters Meet	Maidenhead	MAS707	0
33.15	441	F	17/06/23	Poole SC Masters Meet June 2023	Dorchester	MAS1049	0
33.15	441		03/09/17	Barnet Copthall Masters Sprint Meet	Barnett Copthall	MAS701	0
33.17	441	F	23/02/20	Royal Navy Masters 17th Open	Millfield	MAS903	0
33.21	439	F	25/06/22	Hampshire Masters County Championship	Hampshire	MAS964	0
33.27	437	F	20/07/21	City of Southampton	The Quays	LEX3540	0
33.30	435	F	27/11/21	Swim Wales Masters SC 2021	Newport	MAS931	0
33.38	432	H	03/10/15	SER Short Course Masters 2015	Guildford	MAS569	0
33.40	432	H	07/10/17	SE South East Region Masters Meet	Guildford	MAS715	0

33.43	430		06/09/15	Barnet Copthal Swim Club Masters Sprint Meet	Barnet Copthal	MAS556	0
33.51	427	H	11/09/22	Berks & S Bucks ASA Masters Meet	Maidenhead	MAS980	0
33.53	427		03/03/07	Bracknell Masters Open 2007	Maidenhead	MAS065	0
33.59	424		07/06/09	Hampshire Masters Meet	Waterlooville	MAS169	0
33.61	424	H	20/06/15	Hampshire Masters Meet	Portsmouth	MAS544	0
33.61	424		20/06/15	Hampshire County Masters Meet	Portsmouth	MAS548	0
34.01	409	F	18/09/22	Barnet Copthall Masters Sprints+ Meet 2022	Barnet	MAS981	0
34.01	409	H	04/10/14	SER Short Course Masters Meet	Guildford	MAS495	0
34.40	395		04/09/16	Barnet Copthall Masters Sprint Meet	Barnet	MAS627	0
34.62	387		07/09/14	Barnet Copthall Masters Sprints	Barnet	MAS482	0

Swim Order

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32.73	459	F	23/03/24	Reflex Masters Meet 2024	Swindon	MAS1137	0
32.51	468	H	26/11/23	AP Race Masters Grand Prix 2023	Derby	MAS1103	0
32.68	461	F	12/11/23	South East Region Masters Inter Counties Meet 2023	London	MAS1094	0
32.96	449	H	30/09/23	South East SC Masters Meet 2023	Crawley	MAS1079	0
32.49	469	F	17/09/23	Barnet Copthall Masters Sprint Meet plus	Barnet Copthall	MAS1077	0
32.56	466	F	24/06/23	Hampshire ASA Masters Championships	Portsmouth	MAS1051	0
33.15	441	F	17/06/23	Poole SC Masters Meet June 2023	Dorchester	MAS1049	0
32.42	472	H	20/11/22	Masters Inter-County 2022	Various	MAS995	0
31.88	496	H	29/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
32.36	475	R	29/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
34.01	409	F	18/09/22	Barnet Copthall Masters Sprints+ Meet 2022	Barnet	MAS981	0
33.51	427	H	11/09/22	Berks & S Bucks ASA Masters Meet	Maidenhead	MAS980	0
33.21	439	F	25/06/22	Hampshire Masters County Championship	Hampshire	MAS964	0
32.96	449	F	27/02/22	Royal Navy Masters 19th Open	Millfield	MAS939	0
33.30	435	F	27/11/21	Swim Wales Masters SC 2021	Newport	MAS931	0
33.03	446	H	14/11/21	South East Region - Masters Intercounties	Wycombe	MAS928	0
32.82	455	H	14/11/21	South East Region - Masters Intercounties	Wycombe	MAS928	0
33.03	446		14/11/21	Masters Inter-County Meet 2021	Various	MAS987	0
32.82	455		14/11/21	Masters Inter-County Meet 2021	Various	MAS987	0
32.02	490	H	29/10/21	Swim England National Masters Champs 2021	Sheffield	MAS924	0
32.68	461	H	02/10/21	South East Short Course Masters 2021	Crawley	MAS926	0
32.65	462	H	18/09/21	Hampshire Masters County Championships	Portsmouth	MAS918	0
33.27	437	F	20/07/21	City of Southampton	The Quays	LEX3540	0
33.17	441	F	23/02/20	Royal Navy Masters 17th Open	Millfield	MAS903	0
32.59	465	F	10/11/19	National Masters & Seniors Inter-County	Horsham	MAS883	0
32.25	479	F	10/11/19	National Masters & Seniors Inter-County	Horsham	MAS883	0
32.44	471	F	10/11/19	National Masters & Seniors Inter-County	Horsham	MAS883	0
31.95	493	H	25/10/19	Swim England National Masters	Sheffield	MAS882	0
32.76	457	H	23/06/19	Hampshire Masters 2019	Portsmouth	MAS854	0
32.70	460	F	27/04/19	FNSC Masters Meet - April 2019	Horizon LC	MAS837	0
32.92	451	H	02/03/19	Bracknell Masters 2019	Bracknell	MAS821	0
32.78	457		18/11/18	Swim England Masters Inter County Competition	Various	MAS811	0
32.98	448	F	13/05/18	Royal Navy Masters 17th Open	Millfield	MAS761	0
32.44	471	F	28/04/18	Masters Meet - April 2018	The Quays	MAS754	0
32.28	478		12/11/17	Swim England National Masters Inter-County Champs	Various	MAS729	0
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33.15	441		03/09/17	Barnet Copthall Masters Sprint Meet	Barnett Copthall	MAS701	0

32.65	462		25/06/17	Hampshire County Masters 2017	Portsmouth	MAS689	0
32.44	471	F	12/03/17	16th Royal Navy Open Masters Meet 2017	Millfield	MAS668	0
32.31	477		04/03/17	Bracknell Masters 2017	Bracknell	MAS665	0
34.40	395		04/09/16	Barnet Copthall Masters Sprint Meet	Barnet	MAS627	0
32.87	453	H	19/06/16	Hampshire Masters Meet	Portsmouth	MAS623	0
31.99	491	H	23/10/15	ASA National Masters 2015	Sheffield	MAS570	0
33.38	432	H	03/10/15	SER Short Course Masters 2015	Guildford	MAS569	0
33.43	430		06/09/15	Barnet Copthal Swim Club Masters Sprint Meet	Barnet Copthal	MAS556	0
33.61	424	H	20/06/15	Hampshire Masters Meet	Portsmouth	MAS544	0
33.61	424		20/06/15	Hampshire County Masters Meet	Portsmouth	MAS548	0
34.01	409	H	04/10/14	SER Short Course Masters Meet	Guildford	MAS495	0
34.62	387		07/09/14	Barnet Copthall Masters Sprints	Barnet	MAS482	0
33.01	447		03/03/12	Bracknell Masters Meet	Bracknell	MAS366	0
32.91	451		30/10/10	BG ASA Masters & Age Grps 2010	Sheffield	MAS214	0
33.59	424		07/06/09	Hampshire Masters Meet	Waterlooville	MAS169	0
33.53	427		03/03/07	Bracknell Masters Open 2007	Maidenhead	MAS065	0
32.23	480		29/10/06	ASA National Masters 25m Champ	Sheffield	MAS007	0
31.67	506	H	20/10/01	ASA National Masters SC Champs	Sheffield	ASA020	0